

# The Sunday Shepherd

Descent of the Holy Spirit  
Ukrainian Orthodox Church (Sobor)  
in Regina

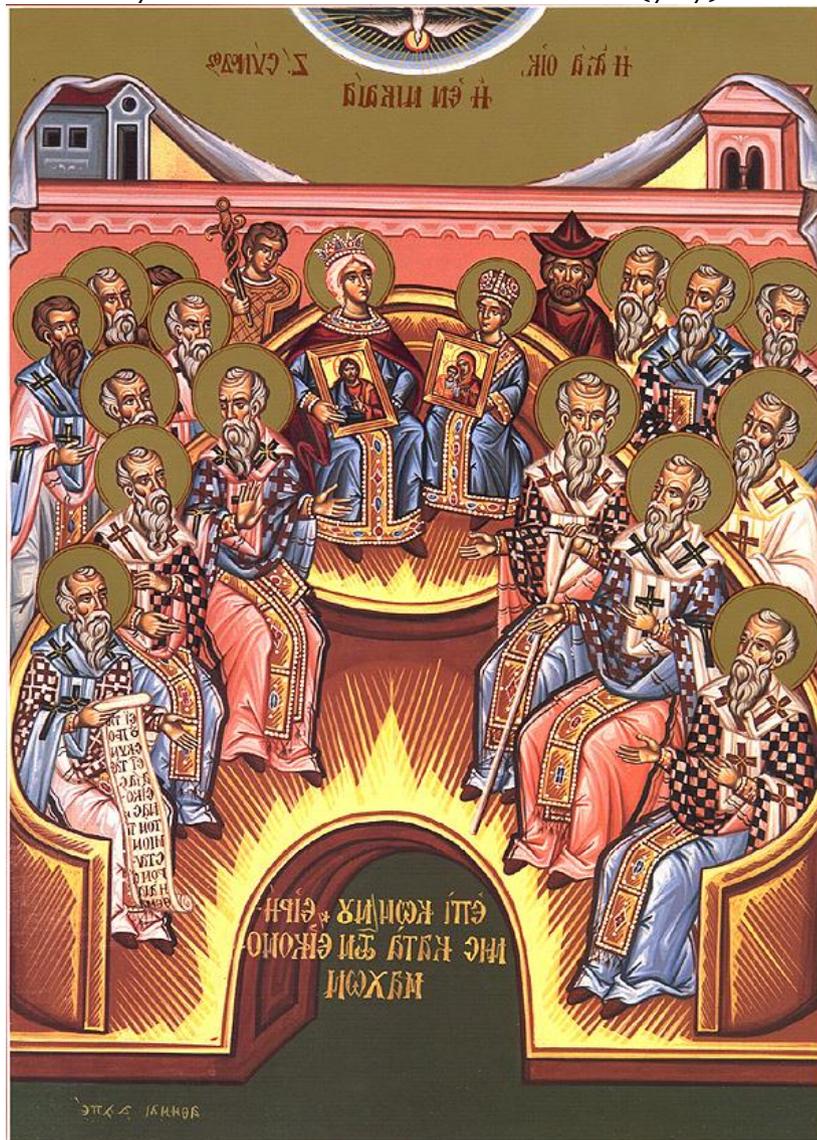
1305 – 12<sup>th</sup> Ave,  
Regina, SK S4P 4L6

Український Православний  
Собор Зіслання Св. Духа в  
Реджайні

And serving the congregations of St.  
Michael's in Candiac, Selo Gardens Chapel,  
St. Volodymyr's in Moose Jaw

## Parish Bulletin for the week of October 23, 2016

18-та. НЕДЛЯ ПО П'ЯТИДЕСЯТНИЦІ. ГОЛОС – 1-ий. НЕДЛЯ  
СВЯТИХ ОТЦІВ СЬОМОГО ВСЕЛЕНСЬКОГО СОБОРУ (787).  
18-th. SUNDAY AFTER PENTECOST. TONE - 1. HOLY FATHERS OF THE  
7-th. ECUMENICAL COUNCIL (787).



*Please let Father Pawlo know of anyone who is in the hospital or is convalescing at home or if you may, for any other reason, wish to have a visit from Father Pawlo call 306-761-0480 or 306-539-5315 cell.*

**Our Orthodox faith teaches us the importance of interceding on behalf of others through Prayer. In our prayers today please remember the following faithful who are hospitalized, convalescing or ill:** Individuals will be kept on the prayer list for one month.

Wayne (0904)	George ((1004)	Larissa ((1004)	
Bill ((0904)	Lena (1004)	Merve (1004)	Yvonne H (1004)
Pearl ((0904)	Vicky (1004)	Sophie K (1004)	Mary R (1004)
Katherine L (0904)	Wendy (1004)		

And those in care homes or similar situations:

Ivan Kozey	Bill Warnyca	
Christina Spak	Doreen Kuyek	Carolina Miller
Joyce Stadnyk	Mary Yaremchuk	Larry Trafananko

*( Please let Father Pawlo know if there are others who we should pray for.)*

**And those in special or extraordinary situations: We pray for peace in Ukraine. Вічна Пам'ять! Memory Eternal to all (10,000 plus) who died in the conflict in Ukraine these past weeks and months.**

**Today the Church remembers the 350 holy Fathers of the Seventh Ecumenical Council** under the holy Patriarch Tarasius (February 25).

The Synod of 787, the second to meet at Nicea, refuted the Iconoclast heresy during the reign of Empress Irene and her son Constantine VI.

The Council decreed that the veneration of icons was not idolatry (Exodus 20:4-5), because the honor shown to them is not directed to the wood or paint, but passes to the prototype (the person depicted). It also upheld the possibility of depicting Christ, Who became man and took flesh at His Incarnation. The Father, on the other hand, cannot be represented in His eternal nature, because “no man has seen God at any time” (John 1:18).

Source: <https://oca.org/saints/lives/2016/10/16/70-commemoration-of-the-holy-fathers-of-the-seventh-ecumenical-coun>

### **On Prayer**

“... soon after my ordination, I was sent before Christmas to an old people’s home. There lived an old lady, who died some time later at the age of 102. She came to see me after my first celebration and said ‘Father, I would like to have advice about prayer.’ So I said ‘Oh yes, ask so-and-so.’ She said ‘All these years I have been asking people who are reputed to know about prayer, and they have never given me a sensible reply, so I thought that as you probably know nothing, you may by chance blunder out the right thing.’ That was a very encouraging situation! And so I said ‘what is your problem?’ The old lady said ‘These fourteen years I have been praying the Jesus Prayer almost continually, and never have I perceived God’s presence at all.’ So I blundered out what I thought. I said ‘If you speak all the time, you don’t give God a chance to place a word in.’ She said ‘What shall I do?’ I said ‘Go to your room after breakfast, put it right, place your armchair in a strategic position that will leave behind your back all the dark corners which are always in an old lady’s room into which things are pushed so as not to be seen. Light your little lamp before the ikon that you have and first of all take stock of your room. Just sit, look around, and try to see where you live, because I am sure that if you have prayed all these fourteen years it is a long time since you have seen your room. And then take your knitting and for fifteen minutes knit before the fact of God, but I forbid you to say one word of prayer. You just knit and try to enjoy the peace of your room.’

She didn’t think it was very pious advice but she took it. After a while she came to see me and said ‘You know, it works.’ I said ‘What works, what happens?’ because I was very curious to know how my advice worked. And she said ‘I did just what you advised me to do. I got up, washed, put my room right, had breakfast, came back, made sure that nothing was there that would worry me, and then I settled in my armchair and thought “Oh how nice, I have fifteen minutes during which I can do nothing without being guilty!” and I looked round and for the first time after years I thought “Goodness, what a nice room I live in – a window opening onto the garden, a nice shaped room, enough space for me, the things I have collected for years.” Then she said ‘I felt so quiet because the room was so peaceful. There was a clock ticking but it didn’t disturb the silence, its ticking just underlined the fact that everything was so still and after a while I remembered that I must knit before the face of God, and so I began to knit. And I became more and more aware of the silence. The needles hit the arm-rest of my chair, the clock was ticking peacefully, there was nothing to bother about, I had no need of straining myself, and then I perceived that this silence had substance. It was not absence of something but presence of something. The silence had a density, a richness, and it began to pervade me. The silence around began to come and meet the silence in me.’ And then in the end she said something very beautiful . . . ‘All of a sudden I perceived that the silence was a presence. At the heart of the silence there was Him who is all stillness, all peace, all poise’.

After that she lived for about ten more years and she said that she could always find the silence when she was quiet and silent herself. This does not mean that she stopped praying, it means that she could sustain this contemplative silence for a while, then her mind began to quiver and she turned to vocal prayer until the mind was still and settled again, then she dropped out of words into silence as before. Very often this could happen to us – if instead of being so intent on doing things, we could simply say ‘I am in God’s presence, what a joy, let us be still.’ *School For Prayer, Metr. Anthony of Sourozh\*

**WE THE PARISH COUNCIL AND MEMBERS  
OF THE DESCENT OF THE HOLY SPIRIT,  
UKRAINIAN ORTHODOX SOBOR IN  
REGINA THANK GOD FOR THE  
FAITHFULNESS OF THE EARLY  
PIONEERS WHO FOUNDED AND ALL  
THOSE PRIESTS AND MEMBERS WHO  
PARTICIPATED IN THE LIFE OF ST.  
MICHAEL'S UKRAINIAN ORTHODOX  
CONGREGATION IN CANDIAC OVER THE  
PAST 85 YEARS.**

**MAY THE MEMORY BE ETERNAL OF THE  
MEMBERS WHO HAVE FALLEN ASLEEP  
AND GOD GRANT YOU MANY YEARS TO  
ALL THOSE WHO CONTINUE TO  
PARTICIPATE IN THE LIFE OF THE  
CONGREGATION TODAY.**

**TROPAR OF SUNDAY IN TONE 1**

When the stone had been sealed by the Jews, and the soldiers were guarding Your Most Pure Body, You arose on the third day, O Saviour, granting life to the world. Therefore, the Powers of Heaven cried out to You, O Giver of life: Glory to Your Resurrection, O Christ. Glory to Your Kingdom. Glory to Your Providence, O only lover of mankind.

**TROPAR OF THE HOLY FATHERS IN TONE 8**

You are most glorious, O Christ our God. You have established the Holy Fathers as lights on the earth, and through them, You have guided us all to the True Faith. Glory to You, O most Compassionate One.

**KONDAK OF SUNDAY IN TONE 1**

As God, You arose from the tomb in glory, raising the world together with Yourself. Human nature praises You as God, for death has vanished. Adam exults, O Master. Eve rejoices, for she is freed from bondage and cries out: You, O Christ, are the One Who gives resurrection to all.

**GLORY to the Father and to the Son and to the Holy Spirit.****KONDAK OF THE HOLY FATHERS IN TONE 8**

The Son, who shone forth from the Father ineffably was born of a woman, twofold in nature. Seeing Him, we do not deny the image of His form but depict it piously and revere it faithfully, and because of this, the Church, which holds the true faith, kisses the icon of Christ's incarnation.

**NOW AND FOREVER and to the ages of ages, Amen.****THEOTOKION IN TONE 6**

O Protection of Christians that cannot be put to shame, unchanging mediation unto the Creator, do not despise the suppliant voices of sinners, but be quick to come to our aid, O Good One, who in faith cry out to You: hasten to intercession and come quickly to make supplication, for You, O Theotokos, always protect those who honour You.

**PROKIMEN IN TONE 1**

The Let Your mercy, O Lord, be upon us as we have put our hope in You. Rejoice in the Lord, you righteous. Praise befits the upright.

**ANOTHER PROKIMEN IN TONE 4**

Blessed are You, Lord God of our Fathers, and praised and glorified is Your Name to the ages.

**ТРОПАР НЕДІЛНИЙ НА ГОЛОС 1-ий.**

Хоч камінь запечатали юдеї, і воїни стерегли Пречисте Тіло Твоє, воскрес Ти на третій день, Спасе, даруючи світові життя. Ради цього Сили Небесні взивали до Тебе, Життєдавче, Слава Воскресінню Твоєму, Христе, слава Царству Твоєму, слава Провидінню Твоєму, Єдиний Чоловіколюбче.

**ТРОПАР СВЯТИМ ОТЦЯМ НА ГОЛОС 8-ий**

Препрославлений Ти, Христе Боже наш, що Отці наших, наче світла, на землі поставив і через них до віри істинної нас усіх привів. Многомилосердний, слава Тобі.

**КОНДАК НЕДІЛНИЙ НА ГОЛОС 1-ий.**

Воскрес еси, як Бог, із гробу у славі і світ із Собок воскресив, людське єство, як Бога, оспівує Тебе, і смерть щезла. Адам же торжествує, Владико, і Єв нині, з неволі визволяючись, радується, взиваюч Ти еси Христе, Той, що всім подаєш воскресіння.

**СЛАВА Отцю і Сину і Святому Духові.****КОНДАК СВЯТИМ ОТЦЯМ НА ГОЛОС 8**

Із Отця несказанно возсіявши Син, з жони родився подвійний єством. Його видячи, не відрікаємося виду зображення, але його, благочесно написавши, вірно почитаємо. І ради того Церква, держачи істинну віру, цілує ікону вочоловічення Христового.

**І НИНІ і повсякчас і на віки вічні, Амінь.****БОГОРОДИЧНИЙ НА ГОЛОС 6**

Заступнице християн усердная, молитвенница до Творця надійная, не зневаж молитви грішників, але прийди швидше, як Благая, на поміч нам, що з вірою взиваємо до Тебе, поспіши на молитву і скоро прийди на благання, бо Ти заступаєшся завжди за тих, що шанують Тебе, Богородице.

**ПРОКИМЕН НА ГОЛОС 1**

Милість Твоя, Господи, хай буде над нами, бо уповаємо на Тебе. Радуйтеся, праведні, в Господі, праведним належиться похвала.

**ПРОКИМЕН НА ГОЛОС 4**

Благословен еси, Господи, Боже отців наших, і хвальне, і прославлене Ім'я Твоє навіки.

## Апостол – Epistle

### 3 2 Книги до коринтян 9:6-11

Ukrainian Bible (UKR)

<sup>6</sup> А до цього кажу: Хто скупю сіє, той скупю й жатиме, а хто сіє щедро, той щедро й жатиме!

<sup>7</sup> Нехай кожен дає, як серце йому призволяє, не в смутку й не з примусу, бо Бог любить того, хто з радістю дає!

<sup>8</sup> А Бог має силу всякою благодаттю вас збагатити, щоб ви, мавши завжди в усьому всілякий достаток, збагачувалися всяким добрим учинком,

<sup>9</sup> як написано: Розсипав та вбогим роздав, Його справедливість триває навіки!

<sup>10</sup> А Той, Хто насіння дає сіячеві та хліб на поживу, нехай дасть і примножить ваше насіння, і нехай Він зростить плоди праведности вашої,

<sup>11</sup> щоб усім ви збагачувались на всіляку щирість, яка через нас чинить Богові дяку.

### До євреїв 13:7-16

Ukrainian Bible (UKR)

<sup>7</sup> Спогадуйте наставників ваших, що вам говорили Слово Боже; і, дивлячися на кінець їхнього життя, переймайте їхню віру.

<sup>8</sup> Ісус Христос учора, і сьогодні, і навіки Той Самий!

<sup>9</sup> Не захоплюйтеся всілякими та чужими науками. Бо річ добра зміцнити серця благодаттю, а не стравами, що користи від них не одержали ті, хто за ними ходив.

<sup>10</sup> Маємо жертівника, що від нього годуватися права не мають ті, хто скинії служить, <sup>11</sup> бо котрих звірят кров первосвященик уносить до святині за гріхи, тих м'ясо палиться поза табором, <sup>12</sup> тому то Ісус, щоб кров'ю Своєю людей освятити, постраждав поза брамою.

<sup>13</sup> Тож виходьмо до Нього поза табір, і наругу Його понесімо, <sup>14</sup> бо постійного міста не маємо тут, а шукаємо майбутнього!

<sup>15</sup> Отож, завжди приносьмо Богові жертву хвали, цебто плід уст, що Ім'я Його славлять.

<sup>16</sup> Не забувайте ж і про добротинність та спільність, бо жертви такі вгодні Богові.

### Lesson from 2 Corinthians 9:6-11

New Revised Standard Version (NRSV)

<sup>6</sup> The point is this: the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. <sup>7</sup> Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. <sup>8</sup> And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work. <sup>9</sup> As it is written,

“He scatters abroad, he gives to the poor; his righteousness endures forever.”

<sup>10</sup> He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness. <sup>11</sup> You will be enriched in every way for your great generosity, which will produce thanksgiving to God through us;

### Hebrews 13:7-16

New Revised Standard Version (NRSV)

<sup>7</sup> Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. <sup>8</sup> Jesus Christ is the same yesterday and today and forever. <sup>9</sup> Do not be carried away by all kinds of strange teachings; for it is well for the heart to be strengthened by grace, not by regulations about food, which have not benefited those who observe them. <sup>10</sup> We have an altar from which those who officiate in the tent have no right to eat. <sup>11</sup> For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the

camp. <sup>12</sup> Therefore Jesus also suffered outside the city gate in order to sanctify the people by his own blood. <sup>13</sup> Let us then go to him outside the camp and bear the abuse he endured. <sup>14</sup> For here we have no lasting city, but we are looking for the city that is to come. <sup>15</sup> Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. <sup>16</sup> Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

#### **ALLELUIA IN TONE 1**

God avenges me and has subdued peoples under me. Alleluia.

He magnifies the salvation of the king and deals mercifully for His anointed, for David and for his seed forever. Alleluia.

#### **ALLELUIA IN TONE 1**

The God of gods, the Lord, has spoken and He has called the earth from the rising of the sun unto its setting. Alleluia

#### **АЛИЛУЯ НА ГОЛОС 1**

Бог відплату дає за мене, і покоровив мені народи. Алилуя.

Він величає спасіння Свого царя, і творить милість помазанникові Давиду і родові його довіку. Алилуя.

#### **АЛИЛУЯ НА ГОЛОС 1**

Бог богів, Господь промовив і призвав землю від сходу сонця до заходу

## **Євангелія – Gospel**

### **Євангеліє від Луки 7:11-16**

Ukrainian Bible (UKR)

<sup>11</sup> І сталось, наступного дня Він відправивсь у місто, що зветься Наїн, а з Ним ішли учні Його та багато народу.

<sup>12</sup> І ось, як до брами міської наблизився Він, виносили вмерлого, одинака в своєї матері, що вдовою була. І з нею був натовп великий із міста.

<sup>13</sup> Як Господь же побачив її, то змилосердивсь над нею, і до неї промовив: Не плач!

<sup>14</sup> І Він підійшов, і доторкнувся до мар, носії ж зупинились. Тоді Він сказав: Юначе, кажу тобі: встань!

<sup>15</sup> І мертвий устав, і почав говорити. І його Він віддав його матері.

<sup>16</sup> А всіх острах пройняв, і Бога хвалили вони й говорили: Великий Пророк з'явився між нами, і зглянувся Бог над народом Своїм!

### **Євангеліє від Івана 17:1-13**

Ukrainian Bible (UKR)

<sup>1</sup> По мові оцій Ісус очі Свої звів до неба й промовив: Прийшла, Отче, година, прослав Сина Свого, щоб і Син Твій прославив Тебе,

<sup>2</sup> бо Ти дав Йому владу над тілом усяким, щоб Він дав життя вічне всім їм, яких дав Ти Йому.

<sup>3</sup> Життя ж вічне це те, щоб пізнали Тебе, єдиного Бога правдивого, та Ісуса Христа, що послав Ти Його.

<sup>4</sup> Я прославив Тебе на землі, довершив Я те діло, що Ти дав Мені виконати.

<sup>5</sup> І тепер прослав, Отче, Мене Сам у Себе тією славою, яку в Тебе Я мав, поки світ не постав.

<sup>6</sup> Я Ім'я Твоє виявив людям, що Мені Ти із світу їх дав. Твоїми були вони, і Ти дав їх Мені, і вони зберегли Твоє слово.

<sup>7</sup> Тепер пізнали вони, що все те, що Ти Мені дав, від Тебе походить,

<sup>8</sup> бо слова, що дав Ти Мені, Я їм передав, і вони прийняли й зрозуміли правдиво, що Я вийшов від Тебе, і ввірували, що послав Ти Мене.

<sup>9</sup> Я благаю за них. Не за світ Я благаю, а за тих, кого дав Ти Мені, Твої бо вони!

<sup>10</sup> Усе бо Моє то Твоє, а Твоє то Моє, і прославивсь Я в них.

<sup>11</sup> І не на світі вже Я, а вони ще на світі, а Я йду до Тебе. Святий Отче, заховай в Ім'я Своє їх, яких дав Ти Мені, щоб як Ми, єдине були!

<sup>12</sup> Коли з ними на світі Я був, Я беріг їх у Ймення Твоє, тих, що дав Ти Мені, і зберіг, і ніхто з них не згинув, крім призначеного на загибель, щоб збулося Писання.

<sup>13</sup> Тепер же до Тебе Я йду, але це говорю Я на світі, щоб мали вони в собі радість Мою досконалу.

## **Saint Luke 7:11-16**

New Revised Standard Version (NRSV)

**11** Soon afterwards he went to a town called Nain, and his disciples and a large crowd went with him. **12** As he approached the gate of the town, a man who had died was being carried out. He was his mother's only son, and she was a widow; and with her was a large crowd from the town. **13** When the Lord saw her, he had compassion for her and said to her, "Do not weep." **14** Then he came forward and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, rise!" **15** The dead man sat up and began to speak, and Jesus gave him to his mother. **16** Fear seized all of them; and they glorified God, saying, "A great prophet has risen among us!" and "God has looked favorably on his people!"

## **Saint John 17:1-13**

New Revised Standard Version (NRSV)

**17** After Jesus had spoken these words, he looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, **2** since you have given him authority over all people, to give eternal life to all whom you have given him. **3** And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. **4** I glorified you on earth by finishing the work that you gave me to do. **5** So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

**6** "I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. **7** Now they know that everything you have given me is from you; **8** for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. **9** I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. **10** All mine are yours, and yours are mine; and I have been glorified in them. **11** And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. **12** While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. **13** But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves.

### **Причасний:**

Хваліть Господа з небес, хваліть Його в вишніх. Алілуя.

Радуйтеся, праведні, в Господі, праведним належить похвала. Алілуя.

### **Communion Hymn:**

Praise the Lord from the heavens, praise Him in the highest. Alleluia.

Rejoice in the Lord, you righteous, praise befits the upright. Alleluia

## **Father Pawlo's Corner**

### **AT AN ANNIVERSARY OF A CHURCH - YOU ARE A CHURCH!**

Long ago Almighty God commanded that a place be set aside and dedicated as a place of worship and prayer. It is fitting that a church be the most beautiful building that its members can have. A church is the house of God, the place where God dwells in a special way, and we try to make it a holy and lovely place, inside and out. We decorate the inside with costly icons, woodwork, and painting; and we make the outside as clean and attractive as possible. In truth, we endeavor to make the church building a "heaven on earth".

God gave us the best that He had – He gave His beloved Son; Jesus Christ gave the best He had – He offered His life on the cross for us; we can do no less than offer the best we have – of our time, treasure, and effort, to make God's house beautiful. If a child can give gifts to a parent to express love and affection, if a man can give gifts to a woman as a token of his devotion, surely we can offer gifts to express our love to Christ our Saviour. One way we do this is to build and maintain beautiful churches where we gather to partake of the Bread of Life.

But there is another church that we have besides this building! Did you ever realize that you had another church besides this one? Yes, each and every person in this building has another church.

1. God's book, the Holy Bible, tells us about this church very clearly. It says: "Do you not know that you are the temple of God, and that God's Spirit dwells in you? God's temple is holy, and that temple you are." There it is. It is crystal clear from these words of Sacred Writ that every person is a church, for every person can have God dwell in him.
2. Our Lord Jesus Christ had something to say about this, too. At the Last Supper, when He opened His heart to His beloved apostles, He said: "If you love Me, keep My commandments ... And I will ask the Father and He will send you the Holy Spirit ... you know Him for He dwells with you and will be in you." Now, if the Holy Spirit dwells in you, you are a church, a temple of God.
3. When the Father sent the Holy Spirit on Pentecost Day, He came with certain outward signs – tongues of fire and the sound of a rushing wind. But these were mere visible signs, where was the mighty and invisible Spirit? The fire faded and wind died, where was the Holy Spirit? Of course, He went into the hearts and souls of the people present in that room that day. And what a tremendous change His coming made in those 120 believers! The Holy Spirit still comes, and He still goes into persons. Therefore, if God is to dwell on earth at all, His Holy Spirit will dwell in the souls of pious, believing Christians. He will dwell in us, if we permit Him.
4. Church history tells us about a martyr-saint named Ignatius. Roman soldiers came, they arrested him for his Christian faith and took him to the emperor. The emperor asked, "And who are you, poor devil, who doesn't obey our commands?" The saintly Ignatius answered, "Don't you call him <poor devil> who bears God within him." Yes, Ignatius considered himself a church, a temple of God, for the Holy Spirit dwelt in his heart and soul. Ever since that time this saint has been called Ignatius the "Theosphorus" the God-bearer, the one who carries God with him.
5. Surely another factor in making us temples of God is the reception of Holy Communion. We believe and confess the Blessed Eucharist to be nothing less than the very body and blood of Jesus Christ. If this is so, then when we receive Holy Communion, we bear God within us.

Now, if we want our church buildings to be clean and beautiful, if we go to all the expense and trouble of building, renovating, painting, decorating, and keeping these places of worship beautiful, what do you think about the churches we bear within ourselves? Do you not think we ought to go to some trouble and expense to make our souls and bodies clean and beautiful temples for God? Of course, we should. It is common sense.

But how are we going to do this? We know how to make a church building beautiful. We make plans, hire workers, contract for the work and then pay the bills. But how do we make ourselves, as persons, beautiful places for God to dwell?

- a. The first thing we must do about these churches of ours is clean them. Remember how Jesus once came to the temple of Jerusalem and in righteous anger drove out the money-changers? "My house shall be a house of prayer," He proclaimed, "and you have made it a den of thieves!" Now, it's sin that makes us unfitting temples of the Holy Spirit.

If you have rooms for rent in your home and if someone is already occupying the place, you cannot invite someone else to come there and live. The place is taken, it is occupied. When sins occupy our hearts and souls, there is no room for God. He will not come. There is one altar in the heart of man, and what we love first and foremost is enthroned there. If it is taken by sin, there is no room for God. This is precisely why the Church so often calls us to repentance. This is why we have fasting and Lenten seasons. The Church calls upon us to clean up the temples of our souls and make them fitting places for God. But it's amazing how little people think and weep about sins anymore. We have hardened our hearts about sin; have compromised to live with it.

There are different kinds of sins. Sin is when we do wrong. Sin is when we fall short and fail to do what we are capable of. Sin is also part of our human nature. We are all the children of Adam, born in sin. That is why we baptize infants. We need to arouse a sense of our sinfulness before a sinless God. We need to wash and repent if we are to be temples of God.

- b. Then we must decorate our souls with Christian virtues. Get rid of pride and decorate with humility. Throw out lust and embrace chastity. Leave off hatred, and be forgiving. Decorate your church with faith, love, charity, prayer, almsgiving and kindness. **<Behold I stand at the door and knock, if anyone hears my voice, and opens the door, I will come in to him ...>**

## ANNOUNCEMENTS

*We ask our members to send in information about special – significant date - anniversary or birthday announcements that can be shared with the rest of our membership.*

**Прийомні години - отець Павло запрошує всіх до зустрічі в парафіяльній канцеларії або резиденції за попереднім домовленням (306) 761-0480.**

**Office Hours - Father Pawlo is holding office hours at the Manse office 306-757-0445 or at the residence by appointment 136 - 2501 Windsor Park Rd. 306 761 0480 home; 306-539-5315 cell-мобільний: e-mail: [pberezniak@gmail.com](mailto:pberezniak@gmail.com)**

### October Services

<b>Sunday</b>	<b>23</b>	<b>10:00 am</b>	<b>Divine Liturgy - Candiac (85 Anniversary of St. Michael's Parish) and Blessing of Harvest</b>
<b>Wednesday</b>	<b>26</b>	<b>10:00 am</b>	<b>Care Home Service – Pioneer</b>
		<b>6:15 pm</b>	<b>Akathyst</b>
<b>Saturday</b>	<b>29</b>	<b>5:00 pm</b>	<b>Akathyst Selo</b>
<b>Sunday</b>	<b>30</b>	<b>10:00 am</b>	<b>Divine Liturgy</b>
		<b>5:00 pm</b>	<b>Hallelujah Night</b>

### November Services

<b>Saturday</b>	<b>6</b>	<b>5:00 pm</b>	<b>Akathyst Selo</b>
<b>Sunday</b>	<b>7</b>	<b>10:00 am</b>	<b>Divine Liturgy</b>
<b>Friday</b>	<b>11</b>	<b>11:00 am</b>	<b>Special Remembrance Day Service – Selo Chapel</b>
		<b>2:45 pm</b>	<b>Noon Service - Pioneer Care Home Chapel</b>



**SELO GARDENS SENIORS CLUB  
ANNUAL BAKE/CRAFT/TRADE SALE  
AND  
“NEXT-TO-NEW” FLEA MARKET**

**SATURDAY OCTOBER 29TH, 2016**

**9 A.M. – 3 P.M.**

**SELO GARDENS COMMUNITY CENTRE  
1106 MCNIVEN AVENUE  
(*EAST OFF OF HILLSDALE STREET*)**

**HOSTED BY THE SELO GARDENS SENIORS CLUB**

**FREE ADMISSION**

***COME EARLY FOR BEST SELECTION***