

The Sunday Shepherd

Descent of the Holy Spirit
Ukrainian Orthodox Church (Sobor)
in Regina

1305 – 12th Ave,
Regina, SK S4P 4L6

Український Православний
Собор Зіслання Св. Духа в
Реджайні

And serving the congregations of St.
Michael's in Candiac, Selo Gardens Chapel,
St. Volodymyr's in Moose Jaw

Parish Bulletin for the week of November 6, 2016

20-та. НЕДЛЯ ПО П'ЯТИДЕС. ГОЛОС – 3-ий. МЧ. АРЕФИ І З НИМ
4299 МЧЧ. (523). ПРПП. АРЕФИ (ХІІ), СИСОЯ (ХІІІ), І ФЕОФЛА (ХІІ-
ХІІІ), ЗАТВОРНИКІВ ПЕЧЕРСЬКИХ, У БЛИЖНІХ ПЕЧЕРАХ.

20-th. SUNDAY AFT. PENTECOST. TONE – 3. MARTYR ARETHAS AND
4299 MARTYRS WITH HIM. (523). VEN. ARETHAS (XII), SISOES (XIII),
AND THEOPHILUS (XII-XIII) OF THE NEAR KYTVAN CAVES.



Saint Demetrius – November 8 Листопада – Св. Димитрія

**Please let Father Pawlo know of anyone who is in the hospital or is
convalescing at home or if you may, for any other reason,
wish to have a visit from Father Pawlo
call 306-761-0480 or 306-539-5315 cell.**

Загальна Інформація

Свята Літургія – що-неділі і по святах о год. 10:00 рано. Вечірня – що суботи о год 5:00 ввеч. в Каплиці Села.

Сповідь: Ісповідувати свої гріхи можна в Таїнстві Покаяння кожної неділі, чи свята перед Літургією (від 9:00 до 10:00 рано), або перед чи після Вечірньої Служби напередодні неділі чи свята. А також в будь-який інший день за домовленістю із священником.

Святе Причастя: Причащатись Святих Таїнств Христових за Літургією потрібно як найчастіше, попередньо ісповідувавши свої гріхи в Таїнстві Покаяння і належно приготувившись до Причастя через виконання Молитовного Правила. За додатковими поясненнями, будь-ласка, звертайтеся до настоятеля в будь-який час

Подавання Записок “За Здоров’я” і “За Упокой”: Ви завжди можете подати записки з іменами ваших сродників і помолитись за їх здоров’я і благополуччя чи за упокій померших під час Літургії. Запишіть імена і передайте до Вітваря перед Літургією для попереднього поминання імен спочатку за Проскомидією а потім і за Літургією.

Церковні Треби: Ви завжди можете замовити Треби: Молебні, Панахиди, Освячення, Хрещення, Вінчання, Похорон тощо, попередньо домовившись із священником про час і місце. Якщо вам потрібна додаткова інформація відносно Церковних Треб і їх призначення, звертайтеся до настоятеля за поясненнями.

General Information

The Divine Liturgy is served on Sundays and Feast Days at 10:00 am. Vespers is served at 5:00 pm at Selo Chapel on Saturdays.

Confession: You may always confess your sins in the Holy Mystery of Repentance before Liturgy on Sundays or Feast Days (between 9:00 - 9:30 AM), as well as before or after Vespers. You may also arrange to confess your sins on any other day by appointment with the parish priest.

Holy Communion:

Prayers “For Health” and “For Repose”: Orthodox Christians are encouraged to receive Holy Communion as often as possible, after having prepared themselves by fulfilling the prayer rule, fasting, and confession. For additional information about receiving Communion ask your parish priest. According to our pious Orthodox tradition we approach for the Holy Mysteries regularly and often, for healing of our spiritual and physical illnesses.

You can always request of the church prayers for health or for the repose of the departed by writing down their names and passing this list to the Altar before Liturgy for commemoration at the Proskomedia and during the Liturgy.

Special Services: In time of special needs you can always request special services, such as: Service of Thanksgiving; Requiem/Panahyda for the departed; Blessings; Baptism; Wedding; Funeral; and other services by appointment with your parish priest. For additional information regarding Special Church Services and what they are for, please contact your parish priest.

Our Orthodox faith teaches us the importance of interceding on behalf of others through Prayer. In our prayers today please remember the following faithful who are hospitalized, convalescing or ill: Individuals will be kept on the prayer list for one month.

Wayne (1104)	George ((1104)	Larissa ((1104)	Amy (1104)
Bill ((1104)	Lena (1104)	Merve (1104)	Yvonne H (1104)
Pearl ((1104)	Vicky (1104)	Sophie K (1104)	Mary R (1104)
Katherine L (1104)	Wendy (1104)	Mark (1104)	

And those in care homes or similar situations:

Ivan Kozey	Bill Warnyca	
Christina Spak	Doreen Kuyek	Carolina Miller
Joyce Stadnyk	Mary Yaremchuk	Larry Trafananko

(Please let Father Pawlo know if there are others who we should pray for.)

And those in special or extraordinary situations: We pray for peace in Ukraine. Вічна Пам'ять! Memory Eternal to all (10,000 plus) who died in the conflict in Ukraine these past weeks and months.

TROPAR OF SUNDAY IN TONE 3

Let the heavens rejoice. Let earth be glad. For the Lord has shown strength with His arm. He has trampled down death by death. He has become the First-Born of the Dead. He has delivered us from the depths of hades and has granted to the world great mercy.

TROPAR OF THE SAINTS IN TONE 1

By the pangs of the saints, they did suffer for You. Be merciful, O Lord, and heal all our pain. We pray to You, O lover of mankind.

KONDAK OF SUNDAY IN TONE 3

Today You arose from the tomb, O Merciful One, leading us from the gates of death. On this day Adam exults as Eve rejoices. Together with the prophets and patriarchs they unceasingly praise the divine might of Your Power.

GLORY to the Father and the Son and the Holy Spirit.**KONDAK OF THE SAINTS IN TONE 4**

The harbinger of gladness has come upon us; Today the feast of the passion-bearers celebrate it, and we glorify the Lord Who lives in the highest.

NOW AND FOREVER and to the ages of ages, Amen.**THEOTOKION IN TONE 6**

O Protection of Christians that cannot be put to shame, unchanging mediation unto the Creator, do not despise the suppliant voices of sinners, but be quick to come to our aid, O Good One, who in faith cry out to You: hasten to intercession and come quickly to make supplication, for You, O Theotokos, always protect those who honour You.

PROKIMEN IN TONE 3

Sing praises to our God, sing praises. Sing praises to our King, sing praises.

Clap your hands, all you peoples. Shout to God with a joyful voice.

ANOTHER PROKIMEN IN TONE 4

In the saints that are in His land, the Lord has been wondrous; He has wrought all His desires in them

ТРОПАР НЕДІЛЬНИЙ НА ГОЛОС 3

Нехай веселяться небесні, нехай радуються земнії, бо сотворив державу силою Своєю Господь, подолав смертю смерть, первістком мертвих став, із безодні аду визволив нас і подав світові велику милість.

ТРОПАР СВЯТИХ НА ГОЛОС 1

Болями святих, котрі задля Тебе страждали, змилуйся над нами, Господи, і усі наші болі вгамуй, Людинолюбче, молимося.

КОНДАК НЕДІЛЬНИЙ НА ГОЛОС 3

Воскрес Ти днесь із гробу, Щедрий, і нас вивів Ти із врат смертних, сьогодні Адам торжесвує, і радується Єва, а разом пророки з патріярхами безперестанно оспівують Божественну могутність Твоєї влади.

СЛАВА Отцю і Сину і Святому Духові.**КОНДАК СВЯТИМ НА ГОЛОС 4**

Запорука радості для нас прийшла, настало сьогодні світлосяйне свято страсотерпців, і, його здійснюючи, ми прославляємо в вишніх над нами Господа.

І НИНІ і повсякчас і на віки вічні, Амінь.**БОГОРОДИЧНИЙ НА ГОЛОС 6**

Заступнице християн усердная, молитвенница до Творця надійная, не зневаж молитви грішників, але прийди швидше, як Благая, на поміч нам, що з вірою взиваємо до Тебе, поспіши на молитву і скоро прийди на благання, бо Ти заступаєшся завжди за тих, що шанують Тебе, Богородице.

ПРОКИМЕН НА ГОЛОС 3

Співайте Богові нашому, співайте, співайте Цареві нашому, співайте.

Всі народи, заплещіть руками, кликніть до Бога голосом радості.

ПРОКИМЕН НА ГОЛОС 4

До святих, які на землі Його, дивно виявив Він усі бажання свої серед них.”

Апостол – Epistle

З До галатів 1:11-19

Ukrainian Bible (UKR)

- ¹¹ Звіщаю ж вам, браття, що Євангелія, яку я благовістив, вона не від людей.
¹² Бо я не прийняв, ні навчився її від людини, але відкриттям Ісуса Христа.
¹³ Чули бо ви про моє поступовання перше в юдействі, що Божу Церкву жорстоко я переслідував та руйнував її.
¹⁴ І я перевищував в юдействі багатьох своїх ровесників роду мого, будши запеклим прихильником моїх отцівських передань.
¹⁵ Коли ж Бог, що вибрав мене від утроби матері моєї і покликав благодаттю Своєю, уподобав
¹⁶ виявити мною Сина Свого, щоб благовістив я Його між поганями, я не радився зараз із тілом та кров'ю,
¹⁷ і не відправився в Єрусалим до апостолів, що передо мною були, а пішов я в Арабію, і знову вернувся в Дамаск.
¹⁸ По трьох роках потому пішов я в Єрусалим побачити Кифу, і в нього пробув днів із п'ятнадцять.
¹⁹ А іншого з апостолів я не бачив, крім Якова, брата Господнього.

До євреїв 11:33-40

Ukrainian Bible (UKR)

- ³³ що вірою царства побивали, правду чинили, одержували обітниці, паці левам загороджували,
³⁴ силу огненну гасили, утікали від вістря меча, зміцнялись від слабости, хоробрі були на війні, обертали в розтіч полки чужоземців;
³⁵ жінки діставали померлих своїх із воскресіння; а інші бували скатовані, не прийнявши визволення, щоб отримати краще воскресіння;
³⁶ а інші дізнали наруги та рани, а також кайдани й в'язниці.
³⁷ Камінням побиті бували, допитувані, перепилювані, умирали, зарубані мечем, тинялися в овечих та козячих шкурах, збідовані, засумовані, витерпілі.
³⁸ Ті, що світ не вартий був їх, тинялися по пустинях та горах, і по печерах та проваллях земних.
³⁹ І всі вони, одержавши засвідчення вірою, обітниці не прийняли,
⁴⁰ бо Бог передбачив щось краще про нас, щоб вони не без нас досконалість одержали.

Galatians 1:11-19

New Revised Standard Version (NRSV)

- ¹¹ For I want you to know, brothers and sisters,^[a] that the gospel that was proclaimed by me is not of human origin; ¹² for I did not receive it from a human source, nor was I taught it, but I received it through a revelation of Jesus Christ.
¹³ You have heard, no doubt, of my earlier life in Judaism. I was violently persecuting the church of God and was trying to destroy it. ¹⁴ I advanced in Judaism beyond many among my people of the same age, for I was far more zealous for the traditions of my ancestors. ¹⁵ But when God, who had set me apart before I was born and called me through his grace, was pleased ¹⁶ to reveal his Son to me,^[b] so that I might proclaim him among the Gentiles, I did not confer with any human being, ¹⁷ nor did I go up to Jerusalem to those who were already apostles before me, but I went away at once into Arabia, and afterwards I returned to Damascus.
¹⁸ Then after three years I did go up to Jerusalem to visit Cephas and stayed with him fifteen days; ¹⁹ but I did not see any other apostle except James the Lord's brother.

Hebrews 11:33-40

New Revised Standard Version (NRSV)

33 who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, 34 quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. 35 Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. 36 Others suffered mocking and flogging, and even chains and imprisonment. 37 They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented— 38 of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground.

39 Yet all these, though they were commended for their faith, did not receive what was promised, 40 since God had provided something better so that they would not, apart from us, be made perfect.

ALLELUIA IN TONE 3

I have hoped in You O Lord; let me never be put to shame. Alleluia.

Be a God of protection for me, a house of refuge, to save me. Alleluia.

ALLELUIA IN TONE 4

The righteous cried and the Lord heard them and delivered them out of all their afflictions.

АЛИЛУЯ НА ГОЛОС 3

На Тебе, Господи, уповаю, щоб не осоромитися повік.Алилуя.

Будь мені Богом, оборонцем, і домом пристановища, щоб спасти мене. Алилуя.

АЛИЛУЯ НА ГОЛОС 4

Взивали праведні, і Господь вислухав їх і від усіх скорбот їх визволив. Алилуя.

Євангелія – Gospel

Євангеліє від Луки 16:19-31

Ukrainian Bible (UKR)

19 Один чоловік був багатий, і зодягався в порфіру й віссон, і щоденно розкішно бенкетував.

20 Був і вбогий один, на ім'я йому Лазар, що лежав у воріт його, струпами вкритий,

21 і бажав годуватися кришками, що зо столу багатого падали; пси ж приходили й рани лизали йому...

22 Та ось сталось, що вбогий умер, і на Авраамове лоно віднесли його Анголи. Умер же й багатий, і його поховали.

23 І, терплячи муки в аду, звів він очі свої, та й побачив здаля Авраама та Лазаря на лоні його.

24 І він закричав та сказав: Змилуйся, отче Аврааме, надо мною, і пошли мені Лазаря, нехай умочить у воду кінця свого пальця, і мого язика прохолодить, бо я мучуся в полум'ї цім!...

25 Авраам же промовив: Згадай, сину, що ти вже прийняв за життя свого добре своє, а Лазар так само лихе; тепер він тут тішиться, а ти мучишся.

26 А крім того всього, поміж нами та вами велика безодня поставлена, так що ті, що хочуть, переходити не можуть ізвідси до вас, ані не переходять ізвідти до нас.

27 А він відказав: Отож, отче, благаю тебе, щоб його ти послав у дім батька мого,

28 бо п'ятьох братів маю, хай він їм засвідчить, щоб і вони не прийшли на це місце страждання!

29 Авраам же сказав: Вони мають Мойсея й Пророків, нехай слухають їх!

30 А він відказав: Ні ж бо, отче Аврааме, але коли прийде хто з мертвих до них, то покаються.

31 Йому ж він відказав: Як Мойсея й Пророків не слухають, то коли хто й із мертвих воскресне, не йнятимуть віри!

Від Матвія 10:32-33; 37-38; 19:27-30

Ukrainian Bible (UKR)

³² Отже, кожного, хто Мене визнає перед людьми, того перед Небесним Отцем Моїм визнаю й Я.
³³ Хто ж Мене відцурається перед людьми, того й Я відцураюся перед Небесним Отцем Моїм.
³⁷ Хто більш, як Мене, любить батька чи матір, той Мене недостойний. І хто більш, як Мене, любить сина чи дочку, той Мене недостойний.
³⁸ І хто не візьме свого хреста, і не піде за Мною слідом, той Мене недостойний.

²⁷ Тоді відізвався Петро та до Нього сказав: От усе ми покинули, та й пішли за Тобою слідом; що ж нам буде за це?

²⁸ А Ісус відказав їм: Поправді кажу вам, що коли, при відновленні світу, Син Людський засяде на престолі слави Своєї, тоді сядете й ви, що за Мною пішли, на дванадцять престолів, щоб судити дванадцять племен Ізраїлевих. ²⁹ І кожен, хто за Ймення Моє кине дім, чи братів, чи сестер, або батька, чи матір, чи діти, чи землі, той багатократно одержить і успадкує вічне життя.

³⁰ І багато-хто з перших останніми стануть, а останні першими.

Saint Luke 16:19-31

New Revised Standard Version (NRSV)

¹⁹ “There was a rich man who was dressed in purple and fine linen and who feasted sumptuously every day. ²⁰ And at his gate lay a poor man named Lazarus, covered with sores, ²¹ who longed to satisfy his hunger with what fell from the rich man’s table; even the dogs would come and lick his sores. ²² The poor man died and was carried away by the angels to be with Abraham. The rich man also died and was buried. ²³ In Hades, where he was being tormented, he looked up and saw Abraham far away with Lazarus by his side. ²⁴ He called out, ‘Father Abraham, have mercy on me, and send Lazarus to dip the tip of his finger in water and cool my tongue; for I am in agony in these flames.’ ²⁵ But Abraham said, ‘Child, remember that during your lifetime you received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in agony. ²⁶ Besides all this, between you and us a great chasm has been fixed, so that those who might want to pass from here to you cannot do so, and no one can cross from there to us.’ ²⁷ He said, ‘Then, father, I beg you to send him to my father’s house— ²⁸ for I have five brothers—that he may warn them, so that they will not also come into this place of torment.’ ²⁹ Abraham replied, ‘They have Moses and the prophets; they should listen to them.’ ³⁰ He said, ‘No, father Abraham; but if someone goes to them from the dead, they will repent.’ ³¹ He said to him, ‘If they do not listen to Moses and the prophets, neither will they be convinced even if someone rises from the dead.’”

Matthew 10:32-33; 37-38; 19:27-30

New Revised Standard Version (NRSV)

³² “Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; ³³ but whoever denies me before others, I also will deny before my Father in heaven.

³⁷ Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; ³⁸ and whoever does not take up the cross and follow me is not worthy of me.

²⁷ Then Peter said in reply, “Look, we have left everything and followed you. What then will we have?” ²⁸ Jesus said to them, “Truly I tell you, at the renewal of all things, when the Son of Man is seated on the throne of his glory, you who have followed me will also sit on twelve thrones, judging the twelve tribes of Israel. ²⁹ And everyone who has left houses or brothers or sisters or father or mother or children or fields, for my name’s sake, will receive a hundredfold, and will inherit eternal life. ³⁰ But many who are first will be last, and the last will be first.

Причасний:

Хвалить Господа з небес, хвалить Його в вишніх. Алилуя.

Радуйтеся, праведні, в Господі, праведним належиться похвала. Алилуя.

Communion Hymn:

Praise the Lord from the heavens, praise Him in the highest. Alleluia.

Rejoice in the Lord, you righteous, praise befits the upright. Alleluia.

Father Pawlo's Corner

20th Sunday after Pentecost (Reading 22nd Sunday – Luke 16:19-31)

In today's Gospel we heard the parable by our Lord Jesus Christ about a rich man and a beggar called Lazarus. A parable is a form of teaching which instructs us, through a living example, about the way to live our lives and the rules to follow. The parable itself is easily assimilated, but its content must be interpreted in terms of our everyday life. Each one may give his own interpretation, and even find that it is applicable to himself.

Today's parable, then, tells us of a rich man who dressed in the most sumptuous garments, purple and fine linen. The "purple" referred here is a kind of cloth woven from costly materials, dyed purple and crimson, and worn only by kings, high priests, princes and the very rich. Fine linen was a cloth of great value at the time when Christ our Saviour was on earth. It was impossible, of course, for the ordinary man to wear such luxurious clothing.

The rich man in the parable feasted and made merry each and every day. His whole life was dressing well and giving banquets. Before his very eye lived a poor unfortunate beggar by the name of Lazarus, who lay covered in sores at the rich man's gate, desiring only to be fed with the crumbs which fell from the rich man's table, but no one gave them to him. No matter how often the rich man passed by the beggar, his heart never felt the urge to feed the poor fellow. The dogs came and licked the latter's sores. He was obviously so weakened by disease that he could neither drive them off, nor move out of the way.

When the beggar died, and the rich man also, their positions changed: the beggar died, and was carried by the angels into Abraham's bosom unto eternal life in the Kingdom of Heaven; the rich man also dies, and was buried.

Let us note how the Lord speaks of their two deaths in the parable. Why was it that the beggar, and not the rich man, died first? It is because the Lord awaits for man to turn to Him and repent. The example of the death of another is one of the things most likely to remind us how near our own end is. But the death of the beggar before his eyes did not touch the hard heart of the rich man, and he continued unheeding in his reckless way of life.

Then the rich man died. He was given a pompous funeral. Here on earth he had everything, but his soul was destined for eternal torment. Only then did he become conscious of the kind of life he had led, and remember poor, unfortunate Lazarus. "Where is he now", he thought, "since he is not down here with me?" And then he lifted his eyes to Heaven where he saw our father Abraham, and Lazarus in his bosom. Tormented by thirst in the flames on the fire that consumed him he cried: *Father Abraham, have mercy on me, and send Lazarus that he may dip the tip of his finger in water and cool my tongue; for I am tormented in this flame.*

But Abraham said, "that is impossible. Remember how well you lived and in what gaiety upon the earth, living for your own pleasure and heedless of retribution beyond the grave?" *And besides all this, between us and you there is a great gulf fixed, so that those who want to pass from here to you cannot, nor can those from there pass to us.* "Those who led a life of self-indulgence, building a wall of self-love between themselves and others, cannot enter eternal life and commune with the righteous after death."

Our Lord Jesus Christ spoke this parable not long before His crucifixion, exposing the unrepentant cruelty of the Jewish leaders. Among them were the Sadducees, who denied the resurrection and

eternal life beyond the grave. The High Priest Annas was a Sadducee, the one who first condemned our Lord and Saviour to death. His five brothers were also priests, and they, too, did not believe in eternal life. It was them that the Lord criticized in this parable, which is why He did not give the rich man's name, but simply used him as an example to bring them to repentance and amendment. They had no wish, whoever, to take heed, and died unrepentant.

The Lord calls the beggar Lazarus, which in Hebrew means "the Lord's help." Those who heeded the words of our Saviour in this parable learned to believe even more strongly in God and to trust in His almighty sustenance. Just as He strengthened the beggar Lazarus through suffering and rewarded the strength to endure the burdens of this life.

Let us recall the righteous Job, who by patient endurance of the trials which assailed him – the loss of his children and of his property, and the terrible disease of leprosy – triumphed over the wiles of the Evil One and was granted hope by God.

Let us also recall the words of our Saviour Who urged His disciples and all His followers to bear with courage life's trials: *If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me...And whoever does not bear his cross and come after Me cannot be My disciple.*

At the same time let us recall the example of the heedless rich man and strive in our lives first and foremost to see our neighbor. His needs and ailments must be our concern and we must do all to help him so that the just retribution of God's wrath falls not upon us denying us entry into the Kingdom of Heaven. Amen.

« Благословення Господнє – воно багатим робить, і смутку воно не приносить з собою. Нешляхетне робити – безумному забава, розумний же її у мудрості знаходить» - Книга Приповістей Соломонових 10:22-23

It is the Lord's blessing that makes you wealthy. Hard work can make you no richer. It is foolish to enjoy doing wrong. Intelligent people take pleasure in wisdom. - Proverbs 10:22-23

ANNOUNCEMENTS

We ask our members to send in information about special – significant date - anniversary or birthday announcements that can be shared with the rest of our membership.

- 1. Прийомні години - отець Павло запрошує всіх до зустрічі в парафіяльній канцелярії або резиденції за попереднім домовленням (306) 761-0480.**

Office Hours - Father Pawlo is holding office hours at the Manse office 306-757-0445 or at the residence by appointment 136 - 2501 Windsor Park Rd. 306 761 0480 home; 306-539-5315 cell-мобільний: e-mail: pberezniak@gmail.com

- 2. Пригадуємо: Просимо шановних членів нашої парафії, якщо хто із Вас змінив адресу або номер телефону, просимо Вас повідомити про це отця настоятеля або кого з членів церковної управи. Щиро дякуємо за Вашу співпрацю!**

Reminder: We ask the members of our parish, if anyone of you have changed your address or phone number, please notify Father Pawlo or any member of the Parish Council. We thank you for your cooperation!

- 3. Next Parish Council Meeting - Monday November 28, 2016 at Selo Gardens Television Room.**

4. Selo Personal Care Home is looking for volunteers

The Selo Gardens Personal Care Home could use volunteer help on an ongoing basis. For example, volunteers could be used for assisting staff with recreational activities for the residents. Another area where help would be welcomed is with routine maintenance. The care home is similar to one's own home in that there are always things that need to be fixed, adjusted or replaced. For more information please contact either Lorelei Fletcher, Manager at 790-4444, or Tony Harras, the Chair of the Board, at 586-6805.

SERVICES

November:

- Sunday 6** Divine Liturgy at 10:00 am – Sobor
Wednesday 9 Akathyst at 6:15 pm – Sobor
Friday 11 Remembrance Day: Panakhyda at 10:30 am - Selo
Noon-service at 2:45 pm. – Pioneer Care Home
Saturday 12 Akathyst at 5:00 pm – Selo
Sunday 13 Divine Liturgy and Panakhyda (Remembrance Day) at 10:00 am – Sobor
Wednesday 16 Akathyst at 6:15 pm – Sobor
Saturday 19 Vespers at 5:00 pm – Selo
Sunday 20 Divine Liturgy at 10:00 am – Sobor
Noon-service and Holodomor at 2:30 pm Nursing Home – Montmartre
Monday 21 Divine Liturgy at 10:00 am – Selo (Archangel Michael)
Wednesday 23 Atakthyst at 6:15 pm – Sobor
Saturday 26 Akathyst at 5:00 pm – Selo
Sunday 27 Divine Liturgy and Panakhyda (Holodomor) at 10:00 am – Sobor
Wednesday 30 Akathyst at 6:15 pm – Sobor

SAINTS

The Holy Great-Martyr Demetrius of Thessalonica This glorious and wonderworking saint was born in Thessalonica of noble and devout parents. Implored of God by childless parents, Demetrius was their only son, and so was raised and educated with great care. Demetrius's father was a commander in Thessalonica. When his father died, Emperor Maximian appointed Demetrius as commander in his place. As he appointed him, Maximian, an opponent of Christ, particularly recommended that he persecute and exterminate the Christians in Thessalonica. Demetrius not only disobeyed the emperor but openly confessed and preached the Lord Jesus Christ in the city of Thessalonica. When the emperor heard of this he became furious with Demetrius. Then, when he was returning from battle against the Sarmatians, Maximian stopped at Thessalonica to investigate the matter. The emperor summoned Demetrius and questioned him about his faith. Demetrius openly acknowledged his Christian Faith to the emperor and also denounced the emperor's idolatry. Maximian cast Demetrius into prison. Knowing what was awaiting him, Demetrius gave all his goods to his faithful servant Lupus to distribute to the poor, and joyfully awaited his imminent suffering for Christ the Lord. An angel of God appeared to him in prison, saying: "Peace be to you, O sufferer of Christ; be brave and be strong!" After several days, the emperor sent soldiers to the prison to kill Demetrius. The soldiers found the saint of God at prayer and ran him through with lances. Christians secretly took his body and honorably buried it. Healing myrrh flowed from the body of the martyr of Christ, curing many of the sick. Soon, a small church was built over his relics. When Emperor Justinian wanted to translate the relics of the saint from Thessalonica to Constantinople, flaming sparks sprang from the tomb and a voice was heard: "Stop, and do not touch!" And thus, the relics of St. Demetrius have remained for all time in Thessalonica. As the protector of Thessalonica, St. Demetrius has appeared many times, and on many occasions has saved Thessalonica from great calamity. His miracles are without number.

Spiritual Advice from St. Paisios of the Holy Mountain:

We once asked Father Paisios: Father, you constantly tell us to have positive thinking. We would like you to give us some advice on how to deal with the following problem: -Often, people come to us to tell us that some priests charge a lot of money for performing the Holy Sacraments; they say that they smoke, or hang around coffee shops; they even say that some priests are involved in immoral acts, and in general, make strong accusations against them and present evidence to justify them. What answers can we give to people who accuse the clergy? The elder started telling us: -I know from experience that in this life people are divided in two categories. A third category does not exist; people either belong to one or the other. The first one resembles the fly. The main characteristic of the fly is that it is attracted by dirt. For example, when a fly is found in a garden full of flowers with beautiful fragrances, it will ignore them and will go sit on top of some dirt found on the ground. It will start messing around with it and feel comfortable with the bad smell. If the fly could talk, and you asked it to show you a rose in the garden, it would answer: I don't even know what a rose looks like. I only know where to find garbage, toilets, and dirt. There are some people who resemble the fly. People belonging to this category have learned to think negatively, and always look for the bad things in life, ignoring and refusing the presence of good. The other category is like the bee whose main characteristic is to always look for something sweet and nice to sit on. When a bee is found in a room full of dirt and there is a small piece of sweet in a corner, it will ignore the dirt and will go to sit on top of the sweet. Now, if we ask the bee to show us where the garbage is, it will answer: I don't know, I can only tell you where to find flowers, sweets, honey and sugar; it only knows the good things in life and is ignorant of all evil. This is the second category of people who have a positive thinking, and see only the good side of things. They always try to cover up the evil in order to protect their fellow men; on the contrary, people in the first category try to expose the evil and bring it to the surface. When someone comes to me and starts accusing other people, and puts me in a difficult situation, I tell him the above example. Then, I ask him to decide to which category he wishes to belong, so he may find people of the same kind to socialize with. **(from the book "Elder Paisios of the Holy Mountain" by priestmonk Christodoulos)**

"Do not say, "this happened by chance, while this came to be of itself." In all that exists there is nothing disorderly, nothing indefinite, nothing without purpose, nothing by chance ... How many hairs are on your head? God will not forget one of them. Do you see how nothing, even the smallest thing, escapes the gaze of God?" - St. Basil the Great