

The Sunday Shepherd

Descent of the Holy Spirit
Ukrainian Orthodox Church (Sobor)
in Regina

1305 – 12th Avenue
Regina, SK S4P 4L6

Український Православний
Собор Зіслання Св. Духа в
Реджайні

And serving the congregations of
St. Michael's in Candiac,
Selo Gardens Chapel,
St. Volodymyr's in Moose Jaw

Parish Bulletin for the week of September 16, 2018

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НЕДЛЯ 16-та. ПО П'ЯТИДЕСЯТНИЦІ. ГОЛОС 7-ий. СВ.
СВЯЩЕННОМУЧЕНИКА АНФІМА, ЄП. НІКОМІДІЙСЬКОГО, І
ПРЕП. ФЕОКТИСТА.

16-th. SUNDAY AFTER PENTECOST. TONE – 7. HIEROMARTYR
ANTHIMUS, BISHOP OF NICOMEDIA, AND ST. THEOCTISTUS.



Please let Parish Council President Orest Warnyca know of anyone who is in the hospital or is convalescing at home or if you may, for any other reason, wish to have a visit from a priest call 306-584-1844 or 306-584-0501.

Orthodox faith teaches us the importance of interceding on behalf of others through Prayer. In our prayers today please remember the following faithful who are hospitalized, convalescing or ill: Individuals will be kept on the prayer list for one month.

Madeline (0904)	Doug (0904)	Gladys (0904)	William O 0904
Jim (0904)	Ksenia(0904)	Donna 0904	Savelia (0904)
Diana Ov (0904)	Brent (0904)	Sophie (0904)	Mary R (0904)
Bill D (0904)	Nick (0904)	Orest (0904)	Steve (0904)
Edward B (0904)	Zora (0904)	Andrea (0904)	Bill Ber(9-4)
Stan G (0904)	Yaroslav (94)		Fr. Nazari (94)

And those in care homes or similar situations:

Carolina Miller	Bill Warnyca	Larry Trafananko
Christina Spak	Doreen Kuyek	John Hneda

(Please let Bulletin Editor Yaroslav Lozowchuk (306-501-9200) know if there are others who we should pray for.)

And those in special or extraordinary situations: We pray for peace in Ukraine. Вічна Пам'ять! Memory Eternal to all (11,000 plus) who died in the conflict in Ukraine these past weeks and months.

Let us also remember in prayer the needs of those suffering from:

- **persecution and forced migration of the Muslim Rohingya minority by the State of Myanmar.**
- **starvation facing the people Sudan and Yemen.**
- **The continuing horrible destruction in Syria and the Middle East.**
- **Let us continue to pray that God's grace fill the lives of the families who experienced this great loss and that the Lord accept the souls of those who died in the Humboldt crash into His Kingdom.**
- **Let us pray for the families who lost family members and homes in the fires and floods in Greece, India and Italy in the bridge collapse. Memory Eternal to all who died.**
- **Let us also pray that the Lord bless us with a loving and caring pastor.**

We welcome– Father Victor Lakusta who is with us this Sunday.

FOR OUR VISITORS: Holy Communion is reserved for Orthodox Christians who prepare themselves by prayer and fasting. Non-Orthodox visitors are welcome to come forward to venerate the cross and receive the Antidoron (blessed bread) at the conclusion of the service.

The Hieromartyr Anthimus, Bishop of Nicomedia, and those with him suffered during the persecution against Christians under the emperors Diocletian (284-305) and Maximian (305-311). The persecution became particularly intense after a fire at the imperial court at Nicomedia. The pagans accused the Christians of setting the fire and reacted against them with terrible ferocity.

In Nicomedia alone, on the day of the Nativity of Christ, as many as twenty thousand Christians were burned inside a church. However, this monstrous inhumanity did not frighten the Christians, who firmly confessed their faith and endured martyrdom for Christ.

Sts Dorotheus, Mardonius, Migdonius, Peter, Indes and Gorgonius died during this period. One of them was beheaded by the sword, others perished by burning, or being buried alive, or by drowning in the sea. The soldier Zeno boldly denounced the emperor Maximian, for which he was stoned, and then beheaded.

Then the holy Virgin Martyr Domna, a former pagan priestess, perished at the hands of the pagans, and also Saint Euthymius, because of their concern that the bodies of the holy martyrs should be buried. Bishop Anthimus, who headed the Church of Nicomedia, hid himself in a village not far from Nicomedia at the request of his flock. From there he sent letters to the Christians, urging them to cleave firmly to the holy Faith and not to fear tortures.

One of his letters, sent with Deacon Theophilus, was intercepted and given to the emperor Maximian. Theophilus was interrogated and died under torture, without revealing to his torturers the whereabouts of Bishop Anthimus. After a while Maximian managed to learn where Saint Anthimus was, and sent a detachment of soldiers after him.

The bishop met them along the way, but the soldiers did not recognize the saint. He invited them to join him and provided a meal, after which he revealed that he was the one they sought. The soldiers did not know what to do. They wanted to leave him and tell the emperor that they had not found him. Bishop Anthimus was not one to tolerate a lie, and so he would not consent to this.

The soldiers came to believe in Christ and received holy Baptism. The saint ordered them to carry out the emperor's instructions. When Bishop Anthimus was brought before the emperor, the emperor ordered that the instruments of execution be brought out and placed before him. "Do you think, emperor, to frighten me with these tools of execution?" asked the saint. "No indeed, you cannot frighten one who wishes to die for Christ! Execution is frightening only for the cowardly, for whom the present life is most precious." The emperor then directed that the saint be fiercely tortured and beheaded by the sword.

Bishop Anthimus joyfully glorified God with his last breath, and received the crown of martyrdom. (See December 28 for another account of the Nicomedian martyrs.)

Source: <https://oca.org/saints/lives/2013/09/03/102467-hieromartyr-anthimus-the-bishop-of-nicome>

"Prayer for others which is made gently and with deep love is selfless and has great spiritual benefit. It brings grace to the person who prays and also to the person for whom he is praying. When you have great love and this love moves you to prayer, then the waves of love are transmitted and affect the person for whom you are praying and you create around him a shield of protection and you influence him, you lead him towards what is good. When He sees your efforts, God bestows His grace abundantly on both you and on the person you are praying for." - St Porphyrios

"When we go to doctors for treatment, we don't tell them what to do. They know their job. All we do is tell them we're in pain and where. Truth is given to us when we seek it humbly, as we seek a cure from a doctor. We can't order the truth, but we can ask that it be given to us, to be revealed to us. Because the truth is God, Whom we can't order, only ask from Him and love Him. Doctors know what you want when you visit them. All you can do is tell them that you're in pain and where it hurts. The rest is up to them. This is why the Holy Fathers tell us to pray like little children, who cry when they're in pain. And they show the place that's hurting."

- St Iakovos Tsalikis

TROPAR OF SUNDAY IN TONE 7

You destroyed death by Your Cross. You opened paradise to the thief. You changed the Myrrh-Bearers weeping and commanded Your apostles to proclaim that You are risen, O Christ God, granting the world great mercy.

TROPAR OF HIEROMARTYR IN TONE**4**

You did share in the ways of the apostles and occupied their throne, your activity became a passage to divine vision, O divinely inspired one. By speaking the word of truth, you did suffer for the Faith even to the shedding of your blood. O hieromartyr Anthimus, pray to Christ God, that our souls be saved.

TROPAR OF VENERABLE FATHER IN TONE 8

You did irrigate the barren desert with your tears, and with sighs from the depths of your soul you made it to bear fruit an hundredfold. You were a beacon to the whole world, radiating miracles. O Theoctistus our father, pray to Christ God, that our souls be saved.

KONDAK OF SUNDAY IN TONE 7

The dominion of death can no longer hold men captive, for Christ descended shattering and destroying its power. Hades is bound while the prophets rejoice in harmony. The Saviour has come to those who believe, saying; come forth you faithful, unto the resurrection.

GLORY to the Father and to the Son and to the Holy Spirit.

KONDAK OF HIEROMARTYR IN TONE**4**

As a pious priest you finished the path of martyrdom, you extinguished the destruction of the idolaters, becoming a protector of your flock, O divinely wise one. Therefore we honour you, and from the depths of our hearts we cry out to you: Deliver us from evil by your prayers, O ever-memorable Anthimus.

NOW AND FOREVER and to the ages of ages. Amen.

THEOTOKION IN TONE 6

O Protection of Christians that cannot be put to shame, unchanging mediation unto the Creator, do not despise the suppliant voices of sinners, but be quick to come to our aid, O Good One, who in faith cry out to You: hasten to intercession and come quickly to make supplication, for You, O Theotokos, always protect those who honour You.

ТРОПАР НЕДІЛЬНИЙ НА ГОЛОС 7.

Зруйнував єси хрестом Твоїм смерть, відкрив Ти розбійнику рай, мирноносцям плач змінив, і апостолам проповідувати повелів єси, що воскрес, Христе Боже, даючи світові велику милість.

ТРОПАР СВ. СВЯЩЕННОМУЧЕНИКА НА ГОС 4

І по характеру до них належав, і престол наслідував Апостолів, діями Богонатхненними до видінь прийшов духовний, а тому, слово істини Анфиме, моли Христа Бога, щоб спасти нам душі наші.

ТРОПАР ПРЕПОДОБНОМУ НА ГОЛОС 8

Сліз своїх потоками неродючість оживив, а зітханнями із глибини серця стократними трудами збагатив її, і був ти світилом для світу, сяючи чудодійствами, Феоктисте, отче наш, моли Христа Бога, щоб спасти нам душі наші.

КОНДАК НЕДІЛЬНИЙ НА ГОЛОС 7

Влада смерті не може вже тримати людей, бо зійшов Христос, сокрушаючи і знищуючи сили її. Ад вже переможений. Пророки одностайно радуються. Явився Спас суцим у вірі, промовляючи, Виходьте, вірні, до воскресіння.

СЛАВА Отцю і Сину і Святому Духові.

КОНДАК СВ. СВЯЩЕННОМУЧЕНИКА НА ГОЛ 4

У сані священика у благочесті проживши, мучеництвом шлях свій закінчив, Богомудрий, служби ідолюські припинив, охоронцем будучи для своєї пастви. А тому і вшановуємо тебе нині, із глибини сердець благаючи: “Визволи нас від лиха твоїми молитвами, пріснопам’ятний Анфиме”.

І НИНИ і повсякчас і на віки вічні, Амінь.

БОГОРОДИЧНИЙ НА ГОЛОС 6

Заступнице християн усердная, молитвенница до Творця надійная, не зневаж молитви грішників, але прийди швидше, як Благая, на поміч нам, що з вірою взиваємо до Тебе, поспіши на молитву і скоро прийди на благання, бо Ти заступаєшся завжди за тих, що шанують Тебе, Богородице.

PROKIMEN 7

O The Lord shall give strength to His people.
The Lord shall bless His people with peace.

READER : Bring to the Lord, you sons of God,
bring young rams to the Lord.

ANOTHER PROKIMEN IN TONE 7

Precious in the sight of the Lord is the death
of His Saints.

ПРОКИМЕН НА ГОЛОС 7

Господь крѣпость людям Своѣм дасть. Господь
благословить людей Своѣх миром.

(СТИХ) Принесіть Господеві, сини Божі, принесіть
Господеві молодих ягнят.

ДРУГИЙ ПРОКИМЕН НА ГОЛОС 7

Чесна перед Господом смерть преподобних Його.

Апостол – Epistle**2 До коринтян 6:1-10**

Ukrainian Bible (UKR)

6 А ми, як співробітники, благаємо, щоб ви Божої благодаті не брали надармо. **2** Бо каже: Приємного часу почув Я тебе, і поміг Я тобі в день спасіння! Ось тепер час прийнятний, ось тепер день спасіння! **3** Ні в чому ніякого спотикання не робимо, щоб служіння було бездоганне, **4** а в усьому себе виявляємо, як служителів Божих, у великім терпінні, у скорботах, у бідах, у тіснотах, **5** у вдачах, у в'язницях, у розрухах, у працях, у недосипаннях, у постах, **6** у чистості, у розумі, у лагідності, у доброті, у Дусі Святій, у нелицемірній любові,**7** у слові істини, у силі Божій, зо зброєю правди в правиці й лівиці, **8** через славу й безчестя, через ганьбу й хвалу, як обманці, але ми правдиві; **9** як незнані, та познані, як умираючі, та ось ми живі; як карані, та не забиті; **10** як сумні, але завжди веселі; як убогі, але багатьох ми збагачуємо; як ті, що нічого не мають, але всім володіємо.

2 Corinthians 6:1-10

New Revised Standard Version (NRSV)

6 As we work together with him, we urge you also not to accept the grace of God in vain. **2** For he says,

“At an acceptable time I have listened to you,
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! **3** We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, **4** but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, **5** beatings, imprisonments, riots, labors, sleepless nights, hunger; **6** by purity, knowledge, patience, kindness, holiness of spirit, genuine love, **7** truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; **8** in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; **9** as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; **10** as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything branded on my body. **18** May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

ALLELUIA IN TONE 7

It is good to give thanks to the Lord, to sing
praises to Your Name, O Most High. Alleluia.

To declare Your mercy in the morning and Your
truth by night. Alleluia.

ANOTHER ALLELUIA IN TONE 2

Your priests shall clothe themselves with
righteousness and Your righteous ones will
rejoice.

АЛИЛУЯ НА ГОЛОС 7

Благо є прославляти Господа, і співати Імені
Твоєму, Всевишній. Алилуя.

Сповідати вранці про милість Твою, і вночі
про правду Твою. Алилуя.

АЛИЛУЯ НА ГОЛОС 2

Священики Твої зодягнуться в правду, і
преподобні Твої возрадуються.

Євангелія – Gospel

Євангеліє від Матвія 25:14-30

Ukrainian Bible (UKR)

Сказав Господь Своїм ученикам: один чоловік, як відходив, покликав своїх рабів і передав їм добро своє. І одному він дав п'ять талантів, а другому два, а тому один, кожному за спроможністю його. І відійшов. А той, що взяв п'ять талантів, негайно пішов і орудував ними, і набув він п'ять інших талантів. Так само ж і той, що взяв два і він ще два інших набув. А той, що одного взяв, пішов та й закопав його в землю, і сховав срібло пана свого. По довгому ж часі вернувся пан тих рабів, та й від них зажадав обрахунку. І прийшов той, що взяв п'ять талантів, приніс іще п'ять талантів і сказав: Пане мій, п'ять талантів мені передав ти, ось я здобув інші п'ять талантів. Сказав же йому його пан: Гаразд, рабе добрий і вірний! Ти в малому був вірний, над великим поставлю тебе, увійди до радощів пана свого! Підійшов же й той, що взяв два таланти, і сказав: Два таланти мені передав ти, ось іще два таланти здобув я.

І казав йому пан його: Гаразд, рабе добрий і вірний! Ти в малому був вірний, над великим поставлю тебе, увійди до радощів пана свого! Підійшов же і той, що одного таланта взяв, і сказав: Я знав тебе, пане, що тверда ти людина, ти жнеш, де не сів, і збираєш, де не розсипав. І я побоявся, пішов і таланта твого сховав у землю. Ото маєш своє... І відповів його пан і сказав йому: Рабе лукавий і лінивий! Ти знав, що я жну, де не сів, і збираю, де не розсипав? Тож тобі було треба віддати гроші мої грошомінам, і, вернувшись, я взяв би з прибутком своє. Візьміть же від нього таланта, і віддайте тому, що десять талантів він має. Бо кожному, хто має, дасться йому та й додасться, хто ж не має, забереться від нього й те, що він має. А раба непотрібного вкиньте до зовнішньої темряви, буде плач там і скрегіт зубів!

Matthew 25:14-30

New Revised Standard Version (NRSV)

¹⁴“For it is as if a man, going on a journey, summoned his slaves and entrusted his property to them; ¹⁵to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. ¹⁶The one who had received the five talents went off at once and traded with them, and made five more talents. ¹⁷In the same way, the one who had the two talents made two more talents. ¹⁸But the one who had received the one talent went off and dug a hole in the ground and hid his master's money. ¹⁹After a long time the master of those slaves came and settled accounts with them. ²⁰Then the one who had received the five talents came forward, bringing five more talents, saying, ‘Master, you handed over to me five talents; see, I have made five more talents.’ ²¹His master said to him, ‘Well done, good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.’ ²²And the one with the two talents also came forward, saying, ‘Master, you handed over to me two talents; see, I have made two more talents.’ ²³His master said to him, ‘Well done, good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.’ ²⁴Then the one who had received the one talent also came forward, saying, ‘Master, I knew that you were a harsh man, reaping where you did not sow, and gathering where you did not scatter seed; ²⁵so I was afraid, and I went and hid your talent in the ground. Here you have what is yours.’ ²⁶But his master replied, ‘You wicked and lazy slave! You knew, did you, that I reap where I did not sow, and gather where I did not scatter?’ ²⁷Then you ought to have invested my money with the bankers, and on my return I would have received what was my own with interest. ²⁸So take the talent from him, and give it to the one with the ten talents. ²⁹For to all those who have, more will be given, and they will have an abundance; but from those who have nothing, even what they have will be taken away. ³⁰As for this worthless slave, throw him into the outer darkness, where there will be weeping and gnashing of teeth.’

ПРИЧАСНИЙ

Хвалить Господа з небес, хвалить його в небі. Аلیلія.

В пам'ять вічну буде праведник. Лихої слави він не убоїться. Аلیلія.

COMMUNION VERSE

Praise the Lord from the heavens, praise Him in the highest. Alleluia.

The righteous man shall be in everlasting remembrance. He shall not fear evil tidings. Alleluia.

16-та Неділя по П'ятидесятниці: Ось тепер час приємний!

Св. Ап. Павло каже нам у сьогоднішньому Апостолі (2 Коринтян 6:1-10): «А ми, як співробітники, благаємо, щоб ви Божої благодаті не брали надармо... Ось тепер час приємний, ось тепер день спасіння!»

Коментуючи цю цитату визначний шотландський біблійний науковець, Вільям Барклей писав: «Є таке – і це вічна трагедія – як нівечення благодаті... Так буває коли Бог дає людям усю Свою Благодать а вони далі йдуть своїм безглуздим шляхом і нівечать благодать, яка могла б їх перетворити, і Христа знову цим розпинають і знову розбивають Боже серце». (*The Letters to the Corinthians, The Daily Study Bible*; Едінбург, 1971, ст. 236).

Ми не живемо ні в минулому ні в майбутньому. Ми живемо тут – тепер. Важливо для духовного життя користати з сучасної хвилини. Якщо є перед нами що-небудь добре для виконання – зробімо це сьогодні. Якщо є що-небудь гріховне в нашому житті, що ми чинили чи плануємо чинити – покаймося в цьому сьогодні. Хвилина не вічно триватиме. Настане час, коли добро, над яким задумувались – на завжди може бути назавжди недосяжним. Також може прийти час, коли наше серце настільки затвердне, що ми не схочемо каятися – що навіть думка про те, що треба каятися буде нам огидною.

Це ми мусимо рішати: чи йтиме за нашим Господом Ісусом Христом чи ні? Не слід нам відкладати це рішення на якусь майбутню хвилину, коли матимемо більше вільного часу чи сильнішої волі йти за ним – може коли вже будемо старшими і не так схильними вдаватися перелітним втіхам. Ми мусимо рішити йти за Ним сьогодні - ТЕПЕР! Ми, можливо, вже рішали це в минулому – може й часто. Вирішаймо робити так знову - ТЕПЕР! Або, можливо, ми спотикалися чи провалилися у своєму рішенні в минулому: розпочнімо знову сьогодні - ТЕПЕР! Ось тепер приємний час. Ось тепер день спасіння.

Ми не йдемо за Спасителем, тому що ми стали майже доскональними, чи тому що ми такі добрі. Ми йдемо за Спасителем, тому що це ВІН Дорога і Правда і Життя (Івана 14:6). Наш Господь – Милостивий: Він прощає наші гріхи бо ж знає наші немочі. Це намагаючись іим за Ним, що ми стаємо добрими і вдосконалюємось. Не відмовляймо собі спокою, радості і дійсної втіхи присутності Господа в нашому щоденному житті.

Господь, як Джерело справжньої свободи, не накидається на нас з вимогою підкоритися Йому. Так роблять люди і впалі духи, які прагнуть власті та панування. А Господь? Він стоїть при дверях нашого серця і стукає (Одкровення 3:20). Як бачите в цій Іконі, яка зображує цей вірш у Новому Завіті, двері ті не можна відкрити з-зовні. Це ми, почувши стукіт Ісус на дверях нашого серця, мусимо відчинити Йому, щоб впустити Його бути з нами.

Не нехтуймо цей стукіт Господній. Не засмучуймо Духа Божого, Який неустанно діє, щоб привести нас до спасіння. Не відкидаймо цю чудову любов Господню. Послухаймо напіннення. Не розпинаймо Христа знову й знову, відмовляючи Йому доступу до нашого серця, нашого ума та нашого життя, в результаті чого, як образно пише Барклей ми знову розбиваємо «Боже серце».. Приймаючи Його, як свого Владика, свого Вчителя, свого Провідника і свого Друга запевнює, що Господь перетворить наше минуле, наше сучасне й наше майбутнє на вічне Царство Боже. Люди часто настоюють на тому, що минуле - не переробити. Є певна істина в цьому твердженню. Але коли ми йдемо до Бога, значення – напрямок – того минулого міняється. Вона перетворене з прологу до історії темряви й розпачу на пролог до історії повної світла та радості!

16TH SUNDAY AFTER PENTECOST – LUKE 6:31-36

“Be merciful, even as your Father is merciful.”

Dear Brothers and Sisters in Christ!

How is it possible to love one's enemy? It is not possible unless one first loves God. Jesus gave us the clue when He said, "Thou shalt love the Lord thy God with all thy heart, and with your entire mind, and with all thy strength and with all your soul, and your neighbor as thyself." If you love God with your whole being, then you will love your neighbor, even though he is an enemy. Such love is a gift of the Holy Spirit abiding in us. "Do good to them that hate you," said Jesus. St. Paul says, "If your enemy is hungry, feed him; if he is thirsty, give him drink. . . . overcome evil with good" (Rom. 12:20-

21). Do something good for your enemy and it will surprise you to find how much easier it will be to love him. It will help him remove the bitterness from his heart. But overcoming evil with good means that we must take the first step; we must begin by doing some kind act. "That enemy is best defeated who is defeated by kindness."

Jesus says, "Pray for them who . . . persecute you." Remember them on your knees. Name them quietly and kindly in the most secret place. Offer them the highest privilege it is in your power to grant—the privilege of being remembered when you are face to face with God; No person can pray for another and still hate him. One of the best ways of killing bitterness is to pray for the man we are tempted to hate. Look for some good in your enemy. There is good as well as bad in the worst of us. Fr. John of Kronstadt writes: "When your brother sins against you in any way— for instance, if he speaks ill of you, or transmits with an evil intention your words in a perverted form to another, or calumniates you—do not be angered against him, but seek to find in him those good qualities which undoubtedly exist in every man, and dwell lovingly on them, despising his evil calumnies concerning you as dross, not worth attention, as an illusion of the Devil. The gold-diggers do not pay any attention to the quantity of sand and dirt in the gold-dust, but only look, for the grains of gold; and though they are few, they value this small quantity, and wash it out of heaps of useless sand. God acts in a like manner with us, cleansing us with great and long forbearance."

Do good, pray, look for the good in your enemy, and finally develop the capacity to forgive. Without forgiveness it is impossible even to begin the act of loving one's enemies. This forgiveness must begin with the one who has been wronged. Only the injured person can pour out the warm waters of forgiveness. Here is an example:

On April 9, 1968—the day of Martin Luther King's funeral—a white bus driver named Martin Whetted was pulled out of his bus in San Francisco by eleven black youths who savagely beat him and left him mortally wounded. He died shortly thereafter. Tension rose in the black and white communities. Rumors of violence began to spread. Then Dixie Whetted, the bus driver's widow, appeared on television. Her reaction to her husband's murder was something moving, something extraordinary, and something not of this world. Quietly she spoke of her love for her husband and her faith in Christ. She told the people to refrain from violence, to be peacemaker instead. Through the power of Christ, she said, she had no bitterness or hate. She asked that a memorial fund be established not for her but for all the young people in the area where her husband was killed.

Brothers and Sister in Christ, love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful." Amen.

SEPTEMBER SERVICES

Descent of the Holy Spirit Ukrainian Orthodox Church Sobor and Area:

Sunday September 16 - 10:00 am – Divine Liturgy – Sobor -Father Lakust Presiding

Sunday September 16 – 7:00 pm – 9:00 pm – Prayer Vigil – For the blessing of our Parish with a loving pastor.

Sunday September 23 - 10:00 am – Divine Liturgy – Sobor -Father Shiyan Presiding

Sunday September 23 – 7:00 pm – 9:00 pm – Prayer Vigil – For the blessing of our Parish with a loving pastor.

ANNOUNCEMENT

1. SUNDAY SCHOOL Needs EVERYONE's HELP....

a. I need an empty ice cream pail with a lid. Every first Sunday of the month will be Collection Coins Day for Sunday School.

b. Sunday School starts..... September 2nd at 10 o'clock SHARP.

c. Sunday School is GROWING. I need Sunday School helpers.....teachers and assistants. Think of your children or grandchildren to be helpers.

d. UOMA-TYC has a garden plot on Grant Road plot number N7. Please go check it out. On Saturday Sept. 15 at 9:30 we will be cutting up the vegetables and making Borscht. Put that date on your calendar.

e. There will be a SUNDAY SCHOOL P A R T Y for the children and parents. Talk to Donna for more information.

f. Families with children will be asked to participate in READER's Services. Please speak with Donna

for Sept. 2 service.

g. Does anyone have a crockpot they don't need anymore? I need one for candle making.

h. Does anyone have small 1/2 cup glass jars? I need them for candle making.

2. Surplus produce from your gardens welcomed by Selo Gardens kitchen

As we get into the period of the year when gardens start producing and sometimes more than we can use please keep in mind that any surplus produce should not be thrown away. These surpluses should be given to charities, neighbours/friends or to the Selo Gardens kitchen. The kitchen staff will try and accommodate your donations. If by chance there is more than they can handle alternate arrangements will be made if at all possible. Thank you for your consideration.

3. Used Eyeglasses - Please donate your used eyeglasses to the Lions International to help those in need in the developing countries. A collection box is located at the church's back door. If you require additional information – please speak to Wally Kaminski

4.



FAMILY  CAMP

The Central Eparchy Centenary Committee has identified the Family Camp Pilot as a strategic future oriented Centenary Project and the Regina Diocese of the Holy Spirit-UOS Parish Council has mandated the local Regina Centenary Committee to explore the formation of a Family Camp Working Group jointly with other congregations in the Central Eparchy.

Goal of the Family Camp Proposed Pilot - To create an additional vehicle for renewing our Church parishes, by bringing our Orthodox member families together and empowering and engaging them in a process of mutual support in living a Gospel centered life as individuals, families and communities as a whole.

Please visit the Holy Trinity website www.orthodoxsaskatoon.org to read the Proposal in its entirety. If you would like to participate in the Working Group or if you have any questions feel free to call Yars Lozowchuk directly at 306-501-9200 or e-mail at yaroslaw@lozowchuk.com.

5. SEARCH FOR VOLUNTEERS TO PROVIDE LEADERSHIP AND SERVE ON WORKING GROUPS IN REALIZING UOCC 100 Regina Parish Celebration Program

- a. Parish Recognition – Preparing Parish Nominees List for Saint Andrew Centenary Award
- b. Historical Research – History of Parish, collection of audio-visual materials and oral history interviews
- c. Organizing 2019 Centenary Khram Weekend and the Episcopal Visitation
- d. Organizing the Hosting of the St. Andrew Icon/Relic Visit to our Parish
- e. Church Iconography and Crafts Photography - Publication Project
- f. Planning and staging of Family Camp Pilot
- g. Special Issues Community Outreach Project – docu-series
- h. Organizing the Servant leadership Workshop

These are great opportunities to learn, grow and contribute. So please consider volunteering and inform Parish President Orest Warnyca of your interest to serve.

6. Proposed - Approved in Principle (Parish Council Meeting August 20, 2018/Ratified by Quarterly Meeting September 9, 2018) UOCC 100 Regina Parish Celebration Program

The National Jubilee Committee – UOCC has defined the centenary year as beginning August 1, 2018 and ending July 31, 2019.

In light of the above, it is proposed that our Parish:

- a) hold its Centenary Special Event Celebration during our Khram in 2019; and
- b) extend an invitation to our Eparchial Bishop – Metropolitan Yuriy to make a canonical visitation to our Parish for the Centenary Celebration - Khram the weekend of June 15-16, 2019.

Furthermore, that the following undertaken as UOCC 100 Regina Parish Projects:

A. Honoring the past:

- I. Recognize and honor both those living and deceased for making substantive contributions to the life and development of our Parish by nominating them for recognition with the UOCC St. Andrew Centenary Award; - see draft list of nominations of Regina members (Living and Deceased) for the national, eparchial and youth level of recognition. A local parish list of nominations will be developed later in the Fall.
- II. Update our Parish History Summary from the time of our 75th Parish Jubilee to the present;
- III. Undertake the writing of a detailed history of our parish;
- IV. Undertake a systematic collection of pictures and audio-visual items which document our Parish history;
- V. Undertake a collection of oral histories with our older Parish members; and
- VI. Submit a condensed version of our Parish history for inclusion in the planned UOCC Parish history.

B. Celebrating the Present:

- I. As part of our 2019 Khram hold a celebratory banquet and the Saturday night before sponsor a significant spiritual-cultural performance open to the public;
- II. Host a visit to Regina and area of the Centenary St. Andrew Icon with relic;
- III. Undertake the photographing of our icons and other artistic items and prepare for publication of a limited edition of 25 copies (?) an artbook documenting our rich iconographic – artistic legacy and have it available for perusal on our website; and
- IV. Work on organizing a family camp in conjunction with other UOCC Parishes in the Spring of 2019.
- V. The Mission and Education Committee to undertake as part of our UOCC Centenary celebrations an educational outreach – to our members, members of other Orthodox and non-Orthodox Christian communities and the general public – via audio-visual docu-series presentations by the best authorities on six strategic issues relating to our health and well-being and that of our children and grandchildren.

Following is the proposed list of issues:

- a. October - **Diabetes and Obesity**
- b. November - **Christ Revealed – Establishing proof for the Resurrection**
- c. December - **Healing from GMO's – Glyphosate**
- d. February - **Autoimmune and Health Gut Issues**
- e. March – **Addictions**

It is proposed that on the third Sunday of the Month either in the afternoon or evening a two-hour presentation would be made using the docu-series material and then the following Saturday or Sunday a four hour workshop would be held for those wishing to pursue the topic in greater depth. All the material of the docu-series would be available for loan on a memory stick for those who wished to get even a deeper understanding of the topic at their own pace – the remaining 12-14 hours.

C. Preparing for the Future:

- I. Complete the establishment of the Regina Descent of the Holy Spirit, Ukrainian Orthodox Foundation as a major legacy for the coming generation in celebration of the UOCC 100;
- II. Organize a Parish community discussion of the need for an updated refreshed view of our community identity; and
- III. Sponsor a Servant Leadership Training Seminar (Targeting our youth 17– 30, but open to all ages) inviting participation of our UOCC members from the Central Eparchy and beyond.

7. Preliminary List of Nominations of Regina Members for the Saint Andrew Centenary Award - the National and Eparchial Levels an the Youth Category

Please note – the Saint Andrew Centenary Award recognizes contributions to the life of our church at three levels. The National level recognizes those individuals who have made a contribution by serving on national bodies (Consistory, St. Andrew’s College Board of Directors, National Executives of USRL, USRA, UWAC and UOY-CYMK or contributed as artists and academics). The Eparchial level recognized service on the Eparchial-regional level (Eparchial Rada, summer camp boards of directors, regional choirs, provincial executives of the lay organizations, other regional bodies relating to the church). The Parish level recognizes contributions at the parish level (brotherhood, sisterhood, cantors, choir members, Sunday school teachers, hospodars, serving on parish councils and committees, church project board of directors, cooks, kitchen volunteer helpers, Ukrainian Kitchen managers, etc.).

The following list only names nominees at the national and eparchial levels.

- a. Deceased
 - i. National Level
 1. Paul Hleck
 2. Dmytro Kereluke
 3. Orest Pasieka
 4. Alex Patryluk
 5. John D.Stratiychuk
- b. Living
 - i. National Level
 1. Sonia Bremner
 2. Tony Harras
 3. Wayne Hydeman
 4. Edward Klopoushak (Awarded)
 5. Sonia Korpus
 6. Yaroslav Lozowchuk
 7. Cathy Luciuk
 8. Gerald Luciuk
 9. Natalie Ostryzniuk
 10. Olyne Patryluk
 11. Steve Phillipow
 12. Steve Senyk
 13. Vasyl Stratiychuk
 14. Orest Warnyca
 15. Michael Zaleschuk
 - ii. Eparchial
 1. Ernie Cherepuschak
 2. Jim Chorney
 3. Vera Feduschak
 4. Carolyn Griffin-Warnyca
 5. Walter Kaminski
 6. Vincent Ostryzniuk
 - iii. Youth

If we have missed some individuals that should be on the list, please inform our President Orest Warnyca.